



**3rd Annual Mountain Laurel 5K
5K Run & Walk
Sunday August 22, 2010 – 9:00am
Laurel Hill State Park – Group Camp #8**

- Entry Fee: \$13 pre-entry (includes t-shirt)
\$15 race day (limited t-shirts available)
*Non-refundable entry fee
- Checks payable: Friends of Laurel Hill
1454 Laurel Hill Park Road
Somerset, PA 15501
- Late Registration: 8:00am – 8:45am
Group Camp #8
- Course Description: Out and back course that traverses the heart of Laurel Hill State Park. Rolling hills with picturesque scenery dot the race course. You will travel along the main park road to the bridge at Laurel Hill Creek. Upon reaching the bridge you will turn around and head back towards Group Camp #8. Park Rangers will provide traffic control for the event.
- Awards: Overall female and male winners in the 5K run will receive an award. In addition the top male and female in each age group will also receive awards.
- Age Groups: 10 & under, 11-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+
- Sanctioning: Mapes Finish Line Service will time this event.
- More Information: Laurel Hill State Park – 814-445-7725

PLEASE COMPLETE THE APPLICATION ON THE OTHER SIDE AND RETURN WITH PAYMENT



Name _____ Age _____ Circle: Male Female

Address _____

City _____ State _____ Zip Code _____

Telephone () _____ E-mail _____

Circle T-shirt size: S M L XL XXL

Circle Event: 5K Run 5K Walk

WAIVER

Please enter me in the Mountain Laurel 5K. I understand that DCNR, Laurel Hill State Park, Friends of Laurel Hill, all volunteers, sponsors and anyone associated with this event assumes no responsibilities for accidents or injuries. By signing, I attest that I am physically fit to participate and I assume entry into this race at my own risk.

Signature

Guardian (if under 18 years of age)